If you have any of the symptoms suggestive of endometriosis, please consult your gynaecologist.

If endometriosis is suspected, the surgeon will perform laparoscopy (a key hole surgery, passing a small thin, light tube) to diagnose the endometriosis.

For more information on endometriosis research, you may contact:

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Don’t suffer in silence
Puberty is gradual development of a child into an adult which is seen from 8 to 16 years of age in females. Women have menstrual cycles or ‘periods’ and the duration of the menstrual cycle varies from 25 – 30 days with an average length of 28 days. The female body exhibits this phenomenon every month from the age of puberty to the age of menopause (usually 40 years and beyond).

During pregnancy, the fertilized egg attaches to the inner lining of the uterus called endometrium. However, in the absence of pregnancy, the endometrial lining breaks and there is bleeding through the vagina. The duration of the menstrual cycle varies from 25 – 30 days with an average length of 28 days. The female body exhibits this phenomenon every month from the age of puberty to the age of menopause (usually 40 years and beyond).

The endometriotic tissues which grow outside of the uterus also bleed every month during periods. The blood does not have any path to pass out of the body. Therefore it starts accumulating in these sites and causes the neighboring tissues to adhere to each other, resulting in damage of organs in the pelvic region.

The exact cause of endometriosis is not yet known. Studies are being conducted to understand the causes of endometriosis. Following are the probable causes of endometriosis.

Contraceptive pills/ Hormones
Laparoscopy
Diagnosis
Laparoscopy
Similarly, studies have been conducted to understand the causes of endometriosis.

Management of Endometriosis
Although there is no permanent cure, women may be benefited by surgery and/or medications to get relief from symptoms.

Pain Medication
Laparoscopy
Contraceptive pills/ Hormones

However, it is observed that 1 in 5 women might have a recurrence of symptoms.